













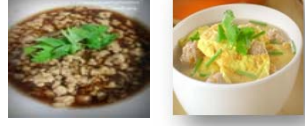


RAYONG ENGLISH PROGRAMME SCHOOL

Lunch menu for Nursery & Kindergarten











Term 2 Academic year 2016 October 17 2016 - January 31, 2017

Week	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
	17Oct/14Nov/23Jan	18Oct/15Nov/13Dec/24Jan	19Oct/16Nov/14Dec/25Jan	20Oct/17Nov/15Dec/26Jan	21Oct/18Nov/16Dec/27Jan
Week 1	Veggie Thai Tempura	Noodle soup braised chicken	Rice with roasted pork	Chicken Thai Tempura	Sausage red sea w/veg cubes
	Cabbage clear soup w/pork		Boiled egg	Clear soup seaweed tofu	Boiled egg soya soup
	Steamed rice		Marrow clear soup	Steamed rice	Steamed rice
	Fruit	Coconut jelly	Fruit	Fruit	Fruit
					
Week	Monday	Tuesday	Wednesday	Thursday	Friday
	21Nov/30Jan	25Oct/22Nov/31Jan	26Oct/23Nov/4Jan	27Oct/24Nov/5Jan	28Oct/25Nov/6Jan
Week 2	Thai omelette w/veggie	Fried rice sausage veggie	Breaded fish	Braised chicken soup	Minced pork soya sauce
	Clear soup tofu and pork	Clear soup seaweed veggie	Cucumber pork clear soup	Stir-fried Thai zucchini egg	Thai omelette veggie soup
	Steamed rice		Steamed rice	Steamed rice	Steamed rice
	Fruit	Thai coconut sticky rice	Fruit	Fruit	Fruit
					

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Week	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Week 3	31Oct/28Nov/9Jan	1Nov/29Nov/10Jan	2Nov/30Nov/11Jan	3Nov/1Dec/12Jan	4Nov/2Dec/13Jan
	Thai omelette w/ham	Khao Man Gai	Grilled fish tomato sauce	Noodles soup w/pork	Fried rice with cubed veggie
	Raddish and carrot soup	Veggie clear soup	Clear soup seaweed veggie		
	Steamed rice		Steamed rice		Clear soup pork tofu
	Fruit	Thai egg waffle	Fruit	Fruit	Fruit
					
Week	Monday	Tuesday	Wednesday	Thursday	Friday
Week 4	7Nov/16Jan	8Nov/6Dec/17Jan	9Nov/7Dec/18Jan	10Nov/8Dec/19Jan	11Nov/9Dec/20Jan
	Stir-fried vermicelli egg	Noodles pork gravy soup	Chicken tomato sauce on egg	Macaroni soup	Sweet and sour fish
	Marrow soup w/chicken		Chicken potato carrot soup	Steamed rice	Tri-colour clear soup
	Steamed rice		Steamed rice		Steamed rice
	Fruit	Donut	Fruit	Fruit	Fruit
	